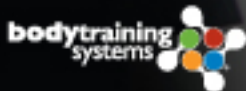


BTS WEEKLY GROUP FITNESS TIPS



Did You Know.....

YOUR NEXT GREAT INSTRUCTOR IS UNDER YOUR ROOF NOW?

Two of the best areas to recruit your potential instructors are from other departments, such as front desk, Personal Training and sales, or your membership base. By recruiting from these areas you assure yourself of building an exclusive instructor team committed to you and your club.

BTS has a proven system to recruit, train and develop great instructors.

BTS has helped over 1,500 clubs in the U.S. and Canada increase their group fitness participation. With over 30 years experience in all facets of club operations, the 70 person BTS team has specialized in group fitness since 1989.

TO ANSWER SPECIFIC QUESTIONS ABOUT YOUR CLUB, WE INVITE YOU TO:

1. Attend a free Business of BTS Seminar. For schedules, locations and registration visit www.bodytrainingsystems.com.
2. Call one of our **BTS Coaches** at **800-729-7837** Kristin x255, Lydia x278, Natalie x335

LET'S **MOVE!**